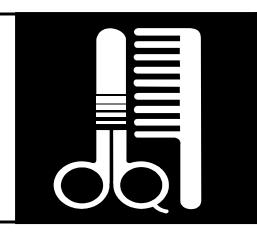
ARMY'S POLICY ON PERSONAL APPEARANCE AND GROOMING



AR 670-1, para 1-7a states, "The Army is a uniformed service where discipline is judged, in part, by the manner in which a soldier wears a prescribed uniform.... Therefore, a neat and well-groomed appearance by all soldiers is fundamental to the Army and contributes to building the pride and esprit essential to an effective military force... Soldiers must take pride in their appearance at all times, in or out of uniform, on or off

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MALE APPEARANCE STANDARDS

- Hair will be neatly groomed.
- Length and bulk of hair will not be excessive.
- Will not fall over the ears or touch the collar.
- Will not interfere with normal wear of headgear or protective masks.
- Keep sideburns neatly trimmed and not extending below the lowest part of ear opening.
- Face will be clean-shaven, mustaches will not

cover upper lip nor extend below corners of







imary



FEMALE APPEARANCE STANDARDS

- Hair neatly groomed, length and bulk not excessive.
- Hair does not extend below bottom edge of collar.
- Hair does not interfere with normal wear of headgear or protective masks.
- Hairnets worn only for health or safety reasons.
- Wigs/hairpieces allowed if of natural hair color.
- Hair holding ornaments must be unadorned.
- Cosmetics (lipstick, nail polish) allowed if





THE ARMY'S TATTOO

DUILA











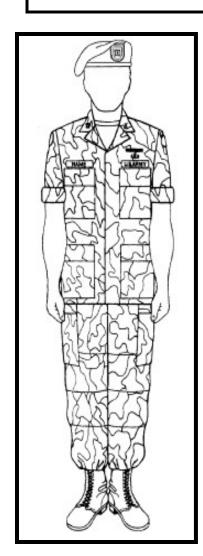
- 1. Soldiers will not have tattoos or brands that are visible in a class A uniform.
- 2. Soldier will not have extremist, indecent, sexist, or racist tattoos.
- 3. For soldiers who are not in compliance, commanders may not order the removal of a tattoo or brand. However, the commander must counsel soldiers and afford them the opportunity to seek medical advice about the possible removal/alteration of the tattoo or brand.
- 4. Existing tattoos or brands on the hands that are not extremist, indecent, sexist, or racist, but are visible in the class A uniform are authorized for current soldiers only. This "grandfather" provision does not apply to soldiers enlisting after 1 July 2002.
- 5. Soldiers may not cover tattoos or brands in order to

comply.

Primary

GOOD FIT AND APPEARANCE OF





- Ensure uniform fits properly, is clean, serviceable, and pressed.
- Checkbooks, combs, pens or pencils must not protrude

from pockets or present bulky appearance.

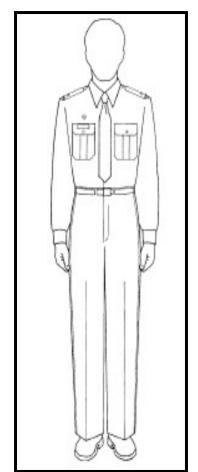
- Fasten all buttons, zip all zippers, and snap all snaps.
- Keep all metallic devices in proper luster.
- Keep shoes and boots clean and shined or brushed.
- When required, soldiers may attach keys or key chains

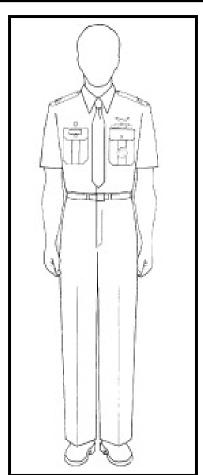
to the belt, belt loops, or waistband.

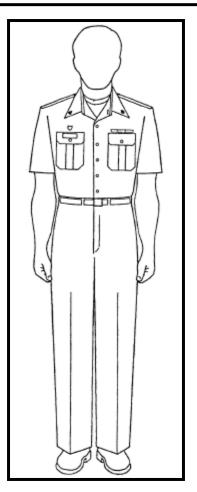
Authorized to wear only one electronic device (cell

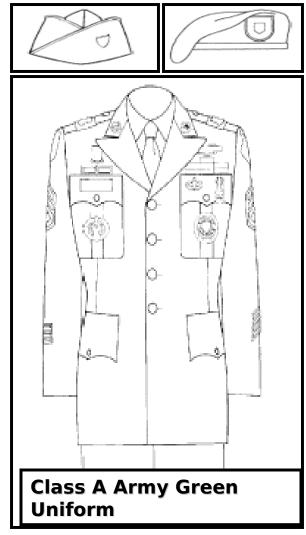
phone or pager), and it must be black.

ARMY GREEN SERVICE UNIFORM (MALE)







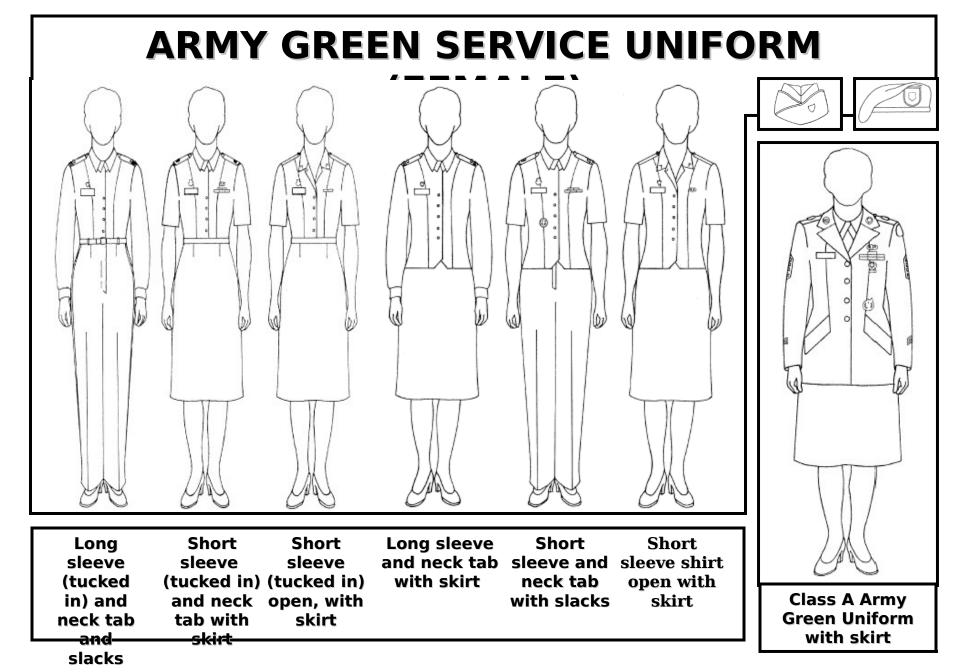


Class B Long-Sleeved with

Class B Short-Sleeved with tie

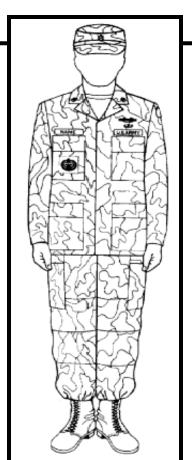
Class B Short-Sleeved without

Primary

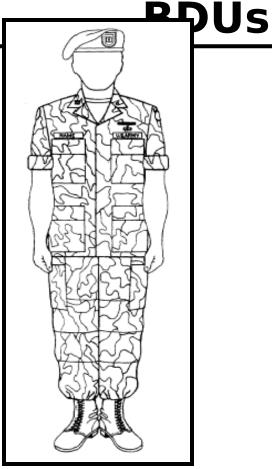


Primary

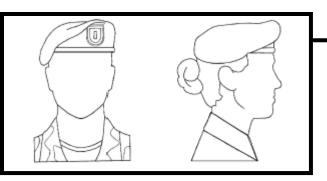
TEMPERATE AND HOT WEATHER



BDUs with patrol cap, sleeves down



BDUs with beret, sleeves rolled up



Wear of the beret, male and female



Cold-weather coat, camouflage (field jacket)

Primary